

Peng You International Tai Chi Academy
 270 Windsor Street (Junot Street Entrance)



CHEN STYLE WORKSHOP

- Chen Warm Up
- Health Maintenance (including Silk reeling and Qigong)
- Old Frame One for everyone
- Demo and Leading the Chen Sword

September 18 & 19

9:30am to 4:30pm

Peng You International TaiChi Academy
 270 Windsor Street
 (Junot Street entrance)

For more information contact
 Peng You at 807-768-0827 or
 807-628-4305
 taichi@tbaytel.net
 Or
 Marg Bilbrough
 807-345-2626

www.pengyou-taiji.ca



Grandmaster Chen Zhenglei will be coming to Thunder Bay on September 18 and 19, 2010. He is one of the Top Ten Martial Artists in China as recognized by the Chinese government. He is the author of the official and authoritative books and DVDs on all aspects of Chen Style Taiji. **He will be doing fewer workshops in his future world tours. He will not be here next year and where he goes after that is not determined.**

Workshop Application

Name _____

Address _____

Phone: _____

Email _____

Fee (includes lunch each day and taxes)

Peng You Taiji Assn member \$295 _____

Non-Member \$325 _____
 (price increase is because of HST only)

Make cheques payable to Peng You

Mailing address 109 Wasco Drive
 Thunder Bay, ON P7G 1A3

I understand that there is an inherent risk in any exercise programme, and I do hereby release and hold harmless the Peng You International Tai Chi Academy and its programme instructors and volunteers.

Signature _____ Date _____