



**Peng You International Tai Chi Academy**  
**270 Windsor Street (Junot Street Entrance)**  
**Fall 2020 Tai Chi Programmes**  
 Start September 14 and ends October 31  
 Prices include HST



**Contact Master Peng at 628-4305 or taichi@tbaytel.net**

COURSE	CODE	DAY	TIME	FEE
Chen Style Sword	1001	Mon and Wed	1:30 to 2:30 pm	\$140
Chen Style Old Frame 1 & 2	1002	Mon and Wed	3 to 4 pm	\$140
Tai Chi 8 & 16 forms beginners	1003	Mon and Wed	6 to 7 pm	\$140
Tai Chi 24 & 48 forms beginners	1004	Mon and Wed	7:30 to 8:30 pm	\$140
Tai Chi 48 forms and Sword	1005	Tues and Thurs	9:30 to 10:30 am	\$140
Tai Chi on Zoom	1006	Tues and Thurs	6 to 7pm	\$90
Chen Essential 5 & 18; Old Frame 1	1007	Tues and Thurs	7:15 to 8:30 pm	\$140
Tai Chi Qigong 8, 16, 24 forms beginners	1008	Wed and Fri	9:30 to 10:30 am	\$140
Tai Chi Qigong & Tai Chi Essentials beginners	1009	Saturday	10 to 11 am	\$70
Broad Sword	1010	Saturday	11:30 am to 12:30 pm	\$80
Tai Chi Fan 30 & 42 Forms Beginnings	1011	Saturday	1 to 2 pm	\$80

*Check our website at [www.pengyou-taiji.ca](http://www.pengyou-taiji.ca)*

**Peng You International Tai Chi Academy - Registration Form**

Course number \_\_\_\_\_ Time \_\_\_\_\_ Cost \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ PC \_\_\_\_\_

Phone number \_\_\_\_\_ email \_\_\_\_\_

Emergency Contact Person \_\_\_\_\_ Phone \_\_\_\_\_

I understand that there is an inherent risk in any exercise programme, and I do hereby release and hold harmless the Peng You International Tai Chi Academy and its programme instructors and volunteers.

Signature \_\_\_\_\_ Date \_\_\_\_\_